

ēats.

Autumn/Winter 2025/26 Menu

Allergen key:



May Contain in ()

Peanuts
P

Nuts
N

Crustaceans
(Shellfish)
CR

Molluscs
(Shellfish)
MO

Fish
F

Eggs
E

Milk
MI

Cereals
containing
Gluten
G

Soya
S

Sesame
seeds
SS

Celery
CE

Mustard
MU

Lupin
L

Sulphur
Dioxide
SD

Week 1

03/11/2025
24/11/2025
15/12/2025
19/01/2026
09/02/2026
09/03/2026

Option 1 Main Dish

Macaroni Cheese,
Seasonal Vegetables
G;MI

Sausage & Mash,
Seasonal Vegetables,
Gravy G;SD;MI

Roast Chicken, Roast
Potatoes, Seasonal
Vegetables, Yorkshire
Pudding, Gravy
G;MI;E

Ham Topped Pizza,
Potato Wedges,
Seasonal Vegetables
G;MI;S;(E)

Battered Fish & Chips
with Baked Beans or
Peas G;F

Option 2 Alternative Dish

Vegetable Enchilada,
Seasonal Vegetables
G;MU

Veg Sausage & Mash,
Seasonal Vegetables,
Gravy G;S;MI

Roast Quorn, Roast
Potatoes, Seasonal
Vegetables, Yorkshire
Pudding, Gravy
G;MI;E

Vegetable Pasta,
Seasonal Vegetables
G;

Vegetable Goujons
& Chips with Baked
Beans or Peas

Dessert

Melon Medley
or Jelly

Cornflake Tart with
Custard G;(S);MI; or
Fresh Fruit or Jelly

Shortbread Pinwheel
G; or Fresh Fruit
or Jelly

Iced Sponge G;E or
Fresh Fruit or Jelly

Fruit Swirl G; or
Fresh Fruit or Jelly

Week 2

10/11/2025
01/12/2025
05/01/2026
26/01/2026
23/02/2026
16/03/2026

Option 1 Main Dish

Margherita Pizza,
Potato Wedges,
Seasonal Vegetables
G;MI;S;(E)

Chicken Katsu Curry
with Rice, Seasonal
Vegetables
G;MI;S;(E)

Roast Pork, Roast
Potatoes, Seasonal
Vegetables, Yorkshire
Pudding, Gravy
G;MI;E

Breakfast Brunch
E;MI;G;SD

Chicken Dippers &
Chips with Baked
Beans or Peas G;CE

Option 2 Alternative Dish

Vegetable Curry,
Rice, Seasonal
Vegetables CE;

Cheesy Tomato
Pasta, Seasonal
Vegetables G;MI;

Vegetarian Toad
in the Hole, Roast
Potatoes, Seasonal
Vegetables, Gravy
G;MI;E;S

Vegan Breakfast
Brunch G;S

Quorn Dippers &
Chips with Baked
Beans or Peas G;

Dessert

Mousse MI; or Fresh
Fruit or Jelly

Banana Muffin
G;E;MI; or Fresh
Fruit or Jelly

Apple Crumble with
Custard G;MI; or
Fresh Fruit or Jelly

Fruity Yoghurt MI; or
Fresh Fruit or Jelly

Shortbread Biscuit G;
or Fresh Fruit or Jelly

Week 3

17/11/2025
08/12/2025
12/01/2026
02/02/2026
02/03/2026
23/03/2026

Option 1 Main Dish

Margherita Pizza,
Potato Wedges,
Seasonal Vegetables
G;MI;S;(E)

Smashed Meatball
Burger, Herby Diced
Potatoes, Seasonal
Vegetables G;(SS);

Sausages, Roast
Potatoes, Seasonal
Vegetables, Yorkshire
Pudding, Gravy
G;SD;MI;E

Chicken & Tomato
Pasta Bake, Garlic
Bread, Seasonal
Vegetables G; MI;

Fish Fingers or
Salmon Fish Fingers
& Chips with Baked
Beans or Peas G;F

Option 2 Alternative Dish

Sweet Barbeque
Cheese Pizza,
Potato Wedges,
Seasonal Vegetables
G;MI;S;(E)

Veggie Smashed
Meatball Burger,
Herby Diced
Potatoes, Seasonal
Vegetables G;S;(SS);

Cauliflower Cheese,
Roast Potatoes,
Seasonal Vegetables,
Yorkshire Pudding,
Gravy G;MI;E

Cheese & Potato Pie,
Seasonal Vegetables
MI;

Fishless Fingers &
Chips with Baked
Beans or Peas G;

Dessert

Cheese & Biscuits G;
(E);(SS);MI or Fresh
Fruit or Jelly

Jam & Coconut
Sponge G;E;SD with
Custard or Fresh
Fruit or Jelly

Apple & Oat Cookie
G;(MI); or Fresh Fruit
or Jelly

Pancake and
Raspberry Sauce
G;(MI);(E); or Fresh
Fruit or Jelly

Flapjack G; or Fresh
Fruit or Jelly